Slips, Trips and Falls

... a major cause of injuries for Nova Scotia workers

Average benefit payments for time-loss claim due to a work-related slip, trip or fall injury¹

Average days lost from work due to a slip, trip, fall injury¹

Primary contributing factors for slip, trips, falls:

- Ice+snow
- Water+liquid
- Getting in/out of vehicle
- Going up/down steps and stairs

2018 claims resulting from a slip, trip or fall on ice totalled

\$1_024 M

in benefit payments and

9,092¹ in lost days from work.



Did you know?

An unrestrained adult fall from standing has been shown to produce 12x's more force than what is required to cause a simple skull fracture.²

% of claims involving

- Fall to same level 45%
- Trip with no fall 32%
- Fall to lower level 23%

Nova Scotians missed time from work in 2018 due to a slip, trip or fall injury.



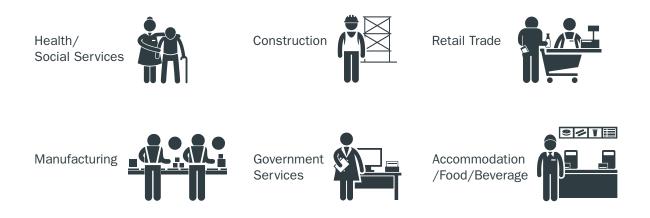
people experienced a work-related slip, trip, fall injury in 2018.



In 2018, the equivalent of 231 full-time employees missed a full year of work because of a slip, trip or fall injury.

89% of all slip, trip and fall claims occur in these sectors:

3.902



¹ Benefit payments through to February 2019. ² http://www.portfolio.mvm.ed.ac.uk/studentwebs/session2/group62/head.htm

For prevention tips, visit worksafeforlife.ca/slips-falls

WORK SAFE. FOR LIFE. WORKERS' COMPENSATION BOARD OF NOVA SCOTIA